## Winter Warmers

#### Seasonal soup of the day, 85 served with warm crusty roll

kcal on request, (NGCI on request)



### Vegetable Thali wholesome humble meal

16

by Anjula Devi Experience

725kcal, V, (NGCI on request)

Sweet and sour lentil pakoras - crispy, savoury, deep-fried potato fritters served with kaddu masala (pumpkin curry), Indian slaw, jeera rice (cumin rice), roti (Indian flatbread topped with ghee), and raita, a creamy, cooling Indian yoghurt.

### Chicken Stroganoff

14.5

In a rich mushroom cream sauce, served with rice

780kcal, V, NGCI

# Snacks

#### Stuffed Gordal olives, orange, oregano

5

225kcal, NGCI 📔 🎁 C

## Hummus of the day

8.5

seasonal vegetables, crispy tortilla

397kcal, (NGCI on request)

#### Crispy mac and cheese

6.5

440kcal, V (B

This logo Prepresents our commitment to fresh, sustainable, plant-based cuisine.

V - Vegetarian

NGCI - Non gluten containing ingredients

Please contact your server if you require information regarding allergies or intolerances.

All our dishes may contain traces of nuts and gluten.

Adults need around 2,000 Kcal a day.

#### Carbon labels

The labels you see on our menu are carbon labels - they give you an indication of how carbon intensive your dish is. These labels are there to help you make informed choices about the impact your meal will have.

Carbon is just one aspect of food sustainability amongst many other factors, like if the person growing it has been paid fairly and how it's been produced.

We have partnered with Foodsteps to provide this labelling, who are industry leaders in this field and are data experts. The labels take into account the ingredients, cooking and storage.

You can find out more information at foodsteps.earth/fags

### Ratings key

